



# West End Parish Council News

February 2024

# Your Community



## West End Christmas Lights

A big thank you to the local businesses who provided the electricity for the wonderful Christmas lights along West End High Street last year:

- \* Bellessa Lounge
- \* Community Hatch
- \* Dental Health Private Dental Clinic
- \* Pearsons Estate Agents
- \* Pure Estate Agents

We really appreciate your support in ensuring we can continue lighting up West End.



**St James' Church West End**

*Come and see for yourself*

## ST JAMES CHURCH CHRISTMAS TREE FESTIVAL 2024

This popular community event will be held on the 6th, 7th, & 8th December this year. There will be over 30 Christmas Trees in church, each decorated by a different community group or local school, refreshments in the hall and a programme of musical entertainment over the weekend.

Would you be interested in joining the team organising the festival this year. Planning has started already and we'd love some additional help from any local community folk who would like to be involved in this special event.

Please contact Rev'd Vicky Maunder to find out more. [stjameswe.vicar@gmail.com](mailto:stjameswe.vicar@gmail.com) or 07762673350.

## Warm Cheer Thursdays

**Come and join us at St James's Church,  
West End every Thursday**

**10.30 to 12.30.**

**From 4th January to 7th March 2024**

**Make time for yourself, meet old friends and  
make new ones.**

**Enjoy a chat, do a craft, play a board game,  
help with puzzle?**

**Refreshments available with soup and a roll  
before you leave.**

**Live in West End & can't get here?**

**Call 023 8046 2371 and let the Parish Council help  
organise transport**

**We look forward to seeing you**



West End  
Parish Council



**Come and join us for our HOPE  
charities 'Quiz and Curry' night.**

**Saturday 16th March 6.30pm**

Tickets £9 adult, £3 child

or £24 for 2 adults and up to  
3 children.

Chicken or vegetable curry available.

There will be a sign up sheet at the back  
of church or email

[stjameswe.office@gmail.com](mailto:stjameswe.office@gmail.com)

Pay on the night

# Your Community



## Join our Scouting Journey: Where Fun, Learning, and Community Meet!"

Hey Parents! Are you ready to embark on an incredible journey with your kids? Our Scout Group is the perfect place for fun, learning, and growth!

**Why Join Us?** Engaging Activities: Outdoor adventures, skill-building, and leadership development for our beavers, cubs and scouts!

Community Connection: A vibrant group team fostering teamwork, growth, and fun.

Opportunities for you to volunteer and actively shape our scouting journey!

### What We Offer:

- Leadership Development: Watch children develop skills for life.
- Outdoor Exploration: Ignite the spirit of adventure.
- Supportive Community: Join our caring, close-knit Section Teams or our Board of Trustees.

Ready to dive in? Attend one of our evening sessions and have a chat over a cup of tea/coffee.

## Saturday Family Fun

### Construction Club

West End Library  
Saturday 10am-1pm

Enjoy building and creating with plastic bricks? Drop in and have some fun! Suitable for all ages.



Hampshire County Council  
Funded by the DWP Household Support Fund  
hants.gov.uk/library

## West End Library Community Jigsaw

Every Friday 2.30pm-4.30pm

Help us complete our community jigsaw!

Please feel free to stay and relax over our jigsaw.

Enjoy!



www.hants.gov.uk/library

Hampshire County Council

www.hants.gov.uk



## West End Library

West End Library is a great community focussed library situated in West End Parish centre.

### Opening Times

Monday	Closed
Tuesday	1:00pm-5:00 pm
Wednesday	Closed
Thursday	9:30 am-1:30 pm
Friday	1:00pm-5:00 pm
Saturday	9:30 am-1:30 pm
Sunday	Closed



It's free to join, we have a great selection of books and resources for everyone, including a lovely children's section and a good range of adult fiction and non-fiction titles, as well as a public computer, photocopier, magazines for loan and loads more.

We also have access to digital E-books, E-audio books and Magazines – all for free! Just come in for more info.

In addition we have regular activities:

**Toddler time** (rhymes and stories for Preschoolers) Tuesdays 1.30-2pm, with **'Stay and play'** directly afterward (toys to play with) Join us for **'Relaxation station'** on Fridays 2.30-4.30 – help us complete our community puzzle, and stay for a chat. We also have **Construction Club** every Saturday 10-1, where you can build fun structures with Lego.

Thinking about running your own group? We have a table that is able to accommodate a small group of up to 8 people. Just come in and speak to us for details and availability.

# Your Community



## Programme of Speakers 2024

Meetings are held at West End Parish Centre and start at 7.30pm  
Visitors Welcome (£2.00 per meeting)

### For Further Details:

CONTACT Nigel Wood or Lin Dowdell on 02380 471886

Or VISIT OUR WEBSITE AT: [www.westendlhs.co.uk](http://www.westendlhs.co.uk)

### 7th February

The Romance of the Letterbox  
Tony Cross

### 6th March

Regal Southampton  
Andy Skinner

### 3rd April

Annual General Meeting  
Plus Quiz & Cakes

### 1st May

Spitfires & WW2 in West End  
an Updated Talk  
Alan Matlock

### 5th June

Calshot ... The RNAS Years  
Colin Van Geffen



Speeding is one of the factors that most affects the quality of life in communities around Hampshire and the Isle of Wight. It can be a factor in road traffic collisions and impacts on the day-to-day lives of people in the local community.

### What is Community Speed Watch?

Community Speed Watch is a scheme that enables members of the public to volunteer alongside Hampshire and Isle of Wight Constabulary to monitor the speed of traffic passing through their area and identify vehicles which exceed the speed limit. Each scheme is run by the volunteers and managed and supported by their local Neighbourhood Policing Team.

### How does it work?

Volunteers use equipment that can monitor the speed of passing traffic. The volunteers manually collect details at the roadside of speeding vehicles and pass this onto Hampshire and Isle of Wight Police. Vehicle checks are undertaken by the police and entered onto a database. The registered keeper of the vehicle will then be sent an educational letter telling them that their vehicle was seen exceeding the speed limit and the impact their actions have on the local Community. If the same registration number is logged again within 2 years, the registered vehicle keeper will receive a warning that if the vehicle is seen a third time the details will be passed to an officer who may take further action.

Community Speed Watch is not enforcement, it is education.

Community Speed Watch is used throughout Hampshire and the Isle of Wight in circumstances that are necessary, reasonable and proportionate to:

- \* Improving the quality of life for local communities by increasing their confidence and satisfaction in the way speeding issues are dealt with.
- \* Reduce the speed of vehicles to the speed limit
- \* Increase public awareness of inappropriate speed
- \* Reduce death and injury on roads
- \* Empower local people to take action on local issues

### How can I join?

If you can spare a few hours each month to take part in the roadside Speed Watch sessions, we would love to hear from you.

To obtain further information or request an application form, you can send an email to:

[speedwatch@hampshire.police.uk](mailto:speedwatch@hampshire.police.uk)

 true potential  
wealth management



## Rebecca Saxby Wealth Management Partner

Your local financial adviser specialising in:

- Retirement Planning
- Investments and savings
- Protection and insurance



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[RebeccaSaxby@tpllp.com](mailto:RebeccaSaxby@tpllp.com)



01489 232323

### HAMPSHIRE ALERT

Receive FREE crime and community information about where you live.

Hampshire Alert covers the whole of Hampshire, please tell your neighbours, friends and family, so we can reach as many residents as possible.

Hampshire Alert is NOT social media, the 'alert' comes through by email.

**REGISTER NOW - <https://www.hampshirealert.co.uk>**

# Your Community



## WEST END SENIORS TABLE TENNIS CLUB

Over the 4th and 5th November 2023, West End Seniors Table Tennis Club ran a 24 hour marathon to raise money for BBC Children in Need. They raised an amazing amount of £6200, eclipsing their target of £5000.

Nearly a hundred people played over 400 games ensuring play was continuous and had some great fun. The photos above show some of the action, including the "Battle of the Chains" between the Mayor of Eastleigh, Councillor Nick Couldrey & the Chair of West End Parish Council, Sarah Turl. You can also see above the opening and closing games between the oldest player Dave Jacobs (90) and the club President John Bloodworth, only 83!

Players had a wide range of abilities from relative beginners to some Southampton Division 1 players who came along to offer coaching tips & also take small wagers from challengers with a favourable handicap trying to beat them.

This contributed to the overall amount raised, along with generous cash donations from all comers and donations/help from local shops, businesses, other table tennis clubs, West End Parish Council & club members themselves.

DREAM EMPIRE EVENTS PRESENT

# EASTER

the Pavilion on the park

## EGGSTRAVAGANZA

At Pavilion On The Park

**Easter Bunny - Music - Stalls - Cafe  
Family Friendly Activities - Inflatables  
Food & Drink - Kids Crafts - Workshops  
Sensory Room- Mascot Visits  
Easter Egg Hunt & More!**

Saturday 30th March 2024

Dog Friendly Free Parking

Pavilion on the Park,  
1 Kingfisher Rd, Eastleigh SO50 9LH

10:00 AM - 3:00 PM Free Entry For All\*

\*Easter Egg Hunt is being organised by The Pavilion On The Park and costs £1 per person

[www.dreamempiremarkets.co.uk](http://www.dreamempiremarkets.co.uk)

## BLAKE ENTERTAINMENT SERVICES

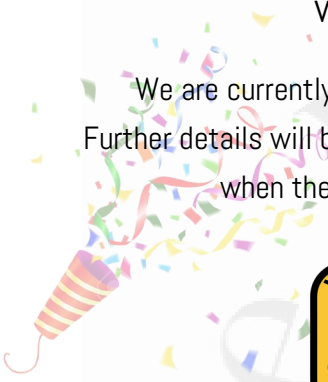
Disco .. Karaoke .. Photo Booths .. Mobile Bars ..  
Kids entertainment .. Bouncy castles and Inflatables ..  
Giant garden games .. Face Painters ..  
Glitter Tattoos .. Band Management ..  
Sen stay and play sessions .. Candy floss.. Popcorn ..  
Slushies .. Event Management .. Event Catering ..  
Hog roasts .. Balloon Modeling .. Magic ..  
Mascot visits .. Santa claus visits .. Ice cream ..  
Led love letters .. Led Mr & Mrs letters .. Sweet cart ..  
Master of Ceremonies .. Chocolate Fountain ..  
Buffets .. Surf Simulator .. Sumo Suits .. Gladiator Pit ..  
Giant Disco Marquee .. Entertainment Management ..  
Wedding Specialists .. Generator Hire ..

Call now **0800 634 3095** FREE PHONE

# Your Community

The 31st May 2024 marks the 10th Anniversary of our wonderful community café.

We are currently discussing ideas on how to celebrate this event. Further details will be available on our Website and Facebook page as and when they are confirmed. So keep your eyes peeled!



**!!We also have some more exciting news!!**

We have recently received funding from Eastleigh Borough Council to extend the kitchen in the Café and create a new 'hatch' that will enable us to serve people outside as well as in the café.

We are hoping work will get underway in the coming months to get this completed. Again, updates will be posted on our Website and Facebook page as and when we get them.



*Anniversary!*

## Opening Times

Monday	9am to 4pm
Tuesday	9am to 5pm (T/T) 9am to 4pm (S/H)
Wednesday	9am to 4pm
Thursday	9am to 4pm
Friday	9am to 5pm
Saturday	9am to 1.30pm
Sunday	CLOSED

*T/T Term Time S/H School Holiday*

## 2023 Events

We were lucky enough to host some amazing events in the Parish in 2023 from the King's Coronation in June to our Christmas parties in December.

Here are just a few pictures of the many that were taken to show all that took place last year,



# Parish Events

Here you will find details of all the wonderful events we have organised for 2024

D-Day 80th anniversary Beacon Lighting	Thursday 6th June
Summer Fete	Saturday 8th June
Senior's Tea Dance	Friday 26th July
Community Games	Wednesday 14th August
Remembrance Sunday	Sunday 10th November
Christmas Lights Switch On	Friday 29th November
Kid's Christmas Party	Friday 20th December
Senior's Christmas Party	Monday 23rd December

## Summer Fete

We have a limited number of spaces available for local groups and businesses to host a stall at our Summer Fete this year on Hatch Grange.

If you are interested in being part of our event, please fill out the form on our website:

<https://westend-pc.gov.uk/parish-events/>



JOIN US FOR OUR  
**Summer Fete**  
SATURDAY 8TH JUNE  
1PM TO 5PM

**FREE ENTRY**

Hatch Grange  
Chapel Road, West End  
Southampton  
SO30 3FE

Join us for lots of fun including  
Bouncy Castles • St James Church BBQ •  
Refreshments from the Hatch Café • Community Stalls •  
Ice Cream Van • Face Painting • Music • Entertainment •  
and a Charity Raffle!

Charges will apply for some activities

HOSTED BY  
WEST END PARISH COUNCIL



**West End Parish Council  
Beacon Lighting**


As part of the 80th anniversary celebrations to commemorate D-Day, we will, alongside others across the country, be lighting our Beacon on Hatch Grange to pay tribute to those who gave so much.

This event is open for all to attend.

We will be selling hot drinks on the evening with all proceeds going to the Royal British Legion.

Drinks will be sold from 8.30pm with music playing.

The official Beacon Lighting will then take place at 9.15pm



# Itchen Valley Country Park

Itchen Valley Country Park is set in 440 acres of beautiful water meadows, woodland and meadows situated beside the River Itchen and has been recognised with ten Green Flag Awards. The park is currently undergoing a major £3.3 million transformation with a range of exciting improvements. Itchen Valley Country Park plays an important role in the wellbeing of local people, as well as visitors from further afield. The planned works will bring exciting new elements that will make it more versatile for a range of events and activities, while preserving it as a valued local amenity, where Borough residents can enjoy its tranquil surroundings.

## Exciting New Features

The project will bring exciting new features to the country park, including:

- \* a new community building at High Hill Field
- \* remodelling of Highwood Barn and Kingfisher Barn
- \* better barbecue and picnic areas
- \* upgraded play equipment
- \* a new central events and welcoming space at Highwood Barn
- \* a covered outdoor seating area for customers to the popular Woodland Café



## Greater Accessibility

The improved facilities will also provide greater accessibility, with a Changing Places room for disabled users, as well as additional toilets. Car parking will be upgraded and the riverside access road will be diverted to keep vehicles away from park users.

Architects and master planners for the built elements of the scheme are RH Partnership Architects (rhp) who also created the award-winning Lakeside Centre at Lakeside Country Park in central Eastleigh, which is also Council-owned. rhp aim to create stimulating places for people to enjoy, live and work in, schemes that also benefit the wider community, using energy and natural resources in a considered, environment-friendly way.

## Opening Times

Gates open at 5.30am everyday (including Christmas day).

1 Oct to 31 Mar (GMT) gates are locked at 6.30pm. 1 Apr to 30 Sep (BST) gates are locked at 8.30pm

Toilets are open from 9.30am 4.30pm each day.

All buildings are closed Christmas Day and Boxing Day but the park is open as usual.

## What's on Spring 2024

Owned and managed by  
**EASTLEIGH**  
BOROUGH COUNCIL

### Southampton Art Society Spring Exhibition

**8 March - 10 May**

A collection of work by amateur and professional artists with the theme of 'Nature' will be on display in the Woodland Café. The artwork will be for sale at the end of the exhibition.

Free, Just turn up



### May Day Fayre

**Monday 6 May  
10am - 4.30pm**

A celebration of summer showcasing dancing, Otterbourne Brass Band, family activities and makers market.

If you would like a stall please contact [ivcp@eastleigh.gov.uk](mailto:ivcp@eastleigh.gov.uk)



### Needle Felt Bunny Workshop

**Tuesday 26 March  
10am - 12pm**

A beginners workshop to make a simple felted bunny using a needle felt tool. In The Hide. Includes a hot drink.

Cost: £16 (book online)



### Craft & Natter

**Wednesday 15 May  
10am - 12noon**

A space to have a go at crafting and meet people in The Hide. There will be a selection of crafts to choose from. Includes refreshments.

Cost: £7 (book online)



### Bat Detectives

**Saturday 13 April  
7.30pm - 9pm**

Join a member of Hampshire Bat Group for a guided walk to discover bats in the Itchen Valley. For adults and children 7+ years.

Cost: £7 Adult / £5 Child (book online)



### Decopatch Windchime Craft

**Wednesday 29 May  
10am, 10.45am, 11.30am**

Take inspiration from nature and decorate your own mini creature windchime with a selection of craft paper. For accompanied 5-8 year olds in The Hide.

Cost: £4 (book online)



## Easter Events 2024

Owned and managed by  
**EASTLEIGH**  
BOROUGH COUNCIL



### Easter Trail

**29 March - 14 April  
10am - 4.30pm**

Help the animals of the Itchen Valley to find the missing egg! Collect a pack from the café and follow the map to discover the clues. Suitable for 4+ years.

Cost: £3 (no need to book)



### Easter Biscuit Decorating

**Wednesday 3 April  
10am - 12pm, 2 - 4pm.**

For accompanied 4+ year olds in The Hide.

Cost: £4 (drop in)



### Easter themed Story and Craft

**Thursday 4 April 10.30am  
Tuesday 9 April 10.30am**

For accompanied 3-7 year olds in The Hide.

Cost: £5 (book online)



### Easter Craft Wreaths

**Thursday 11 April  
10am - 12pm**

Make a colourful egg shaped wreath decorated with tissue paper. For accompanied 5-10 year olds in The Hide.

Cost: £4 (drop in)



To book visit:  
[itchenvalley.co.uk/whats-on](http://itchenvalley.co.uk/whats-on)



[f](https://www.facebook.com/itchenvalleycountrypark) [i](https://www.instagram.com/itchenvalleycountrypark) [wa](https://www.whatsapp.com/channel/00299a61111111111111) [itchenvalleycountrypark](https://www.itchenvalley.co.uk)  
[www.itchenvalley.co.uk](http://www.itchenvalley.co.uk)

To book visit:  
[itchenvalley.co.uk/whats-on](http://itchenvalley.co.uk/whats-on)



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[www.itchenvalley.co.uk](http://www.itchenvalley.co.uk)



# Utilita Bowl Strives To Become The World's Greenest Cricket Ground

The South Coast's premier international cricket, music, and leisure venue has been renamed Utilita Bowl as part of a ground-breaking multi-year deal with local Hampshire company Utilita Energy.



The venue, also home to a Hilton hotel, eforea Spa, and BEEFY'S by Lord Botham, is striving to become the greenest cricket ground in the world through installing over 1,000 solar panels on the roof of the stadium.

CEO at Utilita Bowl, David Mann, said "We're delighted to partner with Utilita, a Hampshire-based business, who share our values and can now help share our vision of creating the greenest international cricket venue in the world."

The money saved from the solar array will see every match at

carbon per year – the equivalent of driving over 300,000 miles in the average car or driving the length of the UK 360 times.

The panels will also be capable of generating around 25% of the electricity used in the stadium each year.

"The cheapest and greenest energy is the energy we don't use," said Bill Bullen, CEO at Utilita.



Cricket gets underway at the Utilita Bowl in April, when Hampshire take on Lancashire in Division One of the County Championship, but the venue will also host two international Twenty20 matches, with England Women v New Zealand in July, and England Men v Australia in



Southern Vipers' double-winning side will also play five times at Utilita Bowl, along with four action-packed Southern Brave double headers in The Hundred.

For more information, please visit [www.utilitabowl.com](http://www.utilitabowl.com).

# Community Grant

West End Parish Council are once again asking parishioners to choose how they wish to distribute the £3000 it has allocated towards Community Grants. A summary of the applications received can be found below.

If you wish to vote, please can you complete and return the two Community Grant pages by completing the end column no later than **Friday 22nd March 2024**.

Announcement of the successful grant applications will be made at the Annual Parish Assembly meeting on **Monday 8th April 2024**.

This meeting is open to members of the public. Refreshments will be available from 6.30pm in the Main Hall of the Parish Centre where a number of local groups will be hosting stalls to show what they do and chat to residents. The meeting will then commence from 7.15pm.

Organisation	Summary of Reasons for Applying	Amount applied for	Amount you would like to see awarded
<b>2nd West End Brownies</b>	The cost of living crisis has seen some of our brownies unable to purchase the uniform required to attend. This grant would be used to fund hardship donations in the form of uniform for those Brownies that need it the most.	£300	
<b>Brendoncare</b>	For the three clubs run in West End, Tai Chi, Kurling and the Social Club.	£300	
<b>Eastleigh Borough &amp; Romsey Mencap</b>	The grant would be used by the EBRM gardening club which rents two allotments on the site at Moorgreen Road and are worked by members of the club. This club provides a very important facility in that it allows people with learning disabilities to get involved with horticulture and learn about food production. It also enables them to relax and have fun in a very pleasant setting. Part of the grant would be spent on new gardening equipment and renewing the cover for the polytunnel	£250	
<b>Friends of West End Copse</b>	Currently about 20 steps in the Copse are in a poor state of repair, insecure and in need of replacement. If replaced with a composite product they should last up to 20 years and improve safety for users. Cost per composite step is £24.	£300	
<b>Harefield Primary School</b>	<p>We are looking to enhance the experiences we provide our children. We are able to offer lots of in school experiences such as visits from outside organisations etc but truly nothing beats the experience of a school trip. I am sure you will agree, going out on a school trip was an exciting part of your school journey. Our parents and children are desperate to experience the thrill of a trip.</p> <p>However, the cost of these trips can be extortionate and often result in being cancelled due to lack of payment from parents and carers. Any grant would go towards a trip fund for our children. We are in the process of planning a school trip for every year group. Our new head has made it her mission that every child will have been on a school visit by the end of the year. The money given to us will help to significantly reduce the amount we charge our parents.</p>	£300	
<b>Hatch Grange WI</b>	We would like to purchase, 2 Kurling Targets, Storage Boxes, Lanyards for members and committee, Speakers for meetings.	£300	
<b>Hilldene Community Association</b>	The grant would be used to part fund replacement soft seating in the entrance foyer.	£300	
<b>Propbox Youth Theatre</b>	We wish to purchase a green screen and lights for our film making class to give our youngsters the opportunity to learn new skills.	£300	
<b>Speedwatch</b>	Across the police sector we carry out up to 12 sessions per month. The grant funds are used for the provision of high visibility jackets, vests and for the maintenance of our two sets of speed monitoring equipment. We are also planning to purchase a hand held speed indicating device costing £230 to help us to measure and record both directions of traffic at our roadside sessions improving our efficiency.	£250	
<b>St James School Association</b>	We would love to invest in some outdoor learning equipment and storage for this, for the children at Saint James primary school. This would include balls, skipping ropes, hula hoops, movement & obstacle activity pack and weatherproof storage.	£300	
<b>Telegraph Woods Nature Recovery Group</b>	Purchase of Personnel Protection Equipment and clothing and for hand tools and other equipment to enable us to carry out the various tasks necessary.	£300	

# Community Grant

Organisation	Summary of Reasons for Applying	Amount applied for	Amount you would like to see awarded
<b>Wednesday Conservation Volunteers</b>	Most vegetation clearance tasks are carried out using chainsaws, bow saws and loppers. We also use a battery powered hedge cutter, which enables us to tackle dense scrub more efficiently, as we recently did at Megan Green in the autumn. We have decided to purchase a second hedge cutter, which will enable us to get even more work done, when vegetation is very dense. This grant would help to cover half the cost	£200	
<b>West End Local History Society</b>	To enable the society to continue to offer a full range of speakers at our monthly meetings for member & visitors, provide a quarterly newsletter & maintain our website	£300	
<b>West End Pre School</b>	As a setting who promotes outdoor play and learning we also offer children to eat their snack outside. In order to do this we need provide a wash hand station, unfortunately the one that we have had for over 5 years has broken from heavy use in all weathers	£300	
<b>West End Youth Club</b>	To help fund the West End Community Games. This event is for all of the community to access in the middle of the summer holidays, when families are finding it hard to do things with the family for free.	£300	

Your Name:	Your Address:
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Please return to the Parish Office, Chapel Road, West End by Friday 22nd March 2024

**WEST END PARISH HALL**

**Starz Ballet**

MONDAYS  
DANCE 3.45. ACRO 4.30. BALLET 5.15

SATURDAYS  
BALLET 9AM, 10AM, 10.30AM & 11.45AM  
TAP & DANCE STARZ 12.30

Dance Starz Starz Tap Starz  
Acro

SCAN ME

[WWW.STARZBALLET.COM](http://WWW.STARZBALLET.COM)

SOS PRESENTS AN AMATEUR PRODUCTION OF

**Gypsy Dolls**

A MUSICAL FABLE OF BROADWAY  
BASED ON A STORY AND CHARACTERS OF DAMON RUNYON  
MUSIC AND LYRICS BY FRANK LOESSER  
BOOK BY JO SWERLING AND ABE BURROWS

10-13 JULY 2024  
WED-SAT 7:30PM  
SAT 2:30PM

THIS AMATEUR PRODUCTION IS PRESENTED BY ARRANGEMENT WITH MUSIC THEATRE INTERNATIONAL. ALL AUTHORISED PERFORMANCE MATERIALS ARE ALSO SUPPLIED BY MTI. [WWW.MTISHOWS.CO.UK](http://WWW.MTISHOWS.CO.UK)  
SOS REG CHARITY #257305

**MAST**  
Mayflower Studios  
[MAYFLOWER.ORG.UK](http://MAYFLOWER.ORG.UK)  
SOUTHAMPTON  
02380 71811

# Your Councillors

**Chair of the Council - Cllr Sarah Turl**

**Vice Chair of the Council - Cllr Ben Coles**

**Parish Clerk - Sheridan Mockford**



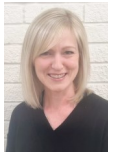
**Janice Asman** - Chartwell Ward  
07982 459 149  
janice.asman@westend-pc.gov.uk  
Personnel Committee  
Planning & Highways Committee  
Policy & Resources Committee



**David Berry** - Chartwell Ward  
david.berry@westend-pc.gov.uk  
Policy & Resources Committee  
Recreation & Environment Committee



**Carol Boulton** - Chartwell Ward  
023 8047 3693  
carol.boulton@westend-pc.gov.uk  
Personnel Committee  
Policy & Resources Committee  
Recreation & Environment Committee



**Claire Burton** - Hatch Grange Ward  
claire.burton@westend-pc.gov.uk  
Planning & Highways Committee  
Policy & Resources Committee



**Ben Coles** - St James Ward  
07749 186 870  
ben.coles@westend-pc.gov.uk  
Personnel Committee  
Policy & Resources Committee



**Tonia Craig** - Kanes Hill Ward  
023 8040 4680  
tonia.craig@westend-pc.gov.uk  
Personnel Committee



**Barry Du-Crow** - Telegraph Woods Ward  
barry.du-crow@westend-pc.gov.uk  
Planning & Highways Committee

Please feel free to contact one of your Parish Councillors if you have any issues or concerns about the Village.

They will be more than happy to help or point you in the right direction to ensure a resolution.

Alternatively, you can contact the Parish Office to speak to our friendly Admin Team or our Parish Clerk.

Our opening hours are Monday-Friday 8.30am - 1.00pm.

You can also contact the Office by email or phone

023 8046 2371  
enquiries@westend-pc.gov.uk

Members of the Public are also welcome to attend any of the Parish Council's meetings to air any concerns they may have, or just to find out what happens at a Parish meeting!

All meeting dates are advertised on the Parish Council's Website and in all of our Noticeboard around the Village.



**John Goguel** - Allington Ward  
023 8178 8847  
john.goguel@westend-pc.gov.uk  
Planning & Highways Committee



**Julie Haylett** - Moorgreen Ward  
07557 795 118  
julie.haylett@westend-pc.gov.uk  
Planning & Highways Committee  
Recreation & Environment Committee



**Rick MacDonald** - Moorgreen Ward  
023 8047 3093  
rick.macdonald@westend-pc.gov.uk  
Personnel Committee  
Policy & Resources Committee  
Recreation & Environment Committee



**Russell Prince-Wright** - St James Ward  
russell.princewright@westend-pc.gov.uk  
Planning & Highways Committee  
Recreation & Environment Committee



**Bruce Tennent** - Hatch Grange Ward  
07703 447 365  
bruce.tennent@westend-pc.gov.uk  
Policy & Resources Committee



**Sarah Turl** - Moorgreen Ward  
023 8036 0131  
sarah.turl@westend-pc.gov.uk  
Personnel Committee  
Policy & Resources Committee  
Recreation & Environment Committee

Councillor Vacancy in the Allington Ward

## Useful Contact Details

### Borough Councillors

Cllr Asman (West End South)      Cllr Gomer (West End North)  
janice.asman@eastleigh.gov.uk      richard.gomer@eastleigh.gov.uk  
Cllr Du-Crow (West End South)      Cllr Tennent (West End North)  
barry.du-crow@eastleigh.gov.uk      bruce.tennent@eastleigh.gov.uk

### County Councillors

Cllr Craig (West End South)      Cllr Broomfield (West End North)  
tonia.craig@hants.gov.uk      steven.broomfield@hants.gov.uk

## Forthcoming Parish Meetings

Annual Parish Assembly 8th April

Planning & Highways	Full Parish	Recreation & Environment	Policy & Resources
6th Feb	14th Feb	2nd Feb	7th Feb
5th Mar	13th Mar	10th Mar	8th Mar
2nd Apr	10th Apr	17th Apr	15th Apr
7th May	8th May	24th May	22nd May

# Future Services Consultation

Tell us your views on proposals to change some services we deliver to you after April 2025 – like:

- Road maintenance and winter gritting
- Public transport
- Streetlights
- School crossing patrols
- Parking charges at rural countryside car parks
- Homelessness support
- Library stock levels
- Adult social care contributions
- Grants for voluntary and community organisations
- Funding to Hampshire Cultural Trust
- Household Waste Recycling Centres



Have your say between 8 January and 31 March 2024

Visit [hants.gov.uk/future-services-consultation](https://hants.gov.uk/future-services-consultation) or scan the QR code to give us your views



# Your voice, Your choice.



Think about it.

Talk about it.

Share it.

## Advance Care Plan

Start yours today



Scan to download or visit:

[mountbatten-hampshire.org.uk/plan](https://mountbatten-hampshire.org.uk/plan)



**WESTON**



# CAR BOOT SALE



Dogs on leads are very welcome

**Saturday 13th April 2024**  
**8.30am-12.00pm (sellers from 8.00am)**

**Chamberlayne Leisure Centre,**  
**150 Weston Lane, Southampton SO19 9SJ**

**Cars £8 - Vans £12**

**Business sellers from £15 but must book in advance. [Dreamempiremarkets@outlook.com](mailto:Dreamempiremarkets@outlook.com)**

**Strictly no sale of pets, weapons, age restricted or counterfeit goods.**  
**[www.dreamempiremarkets.co.uk](http://www.dreamempiremarkets.co.uk)**

## SOUTHERN SAFEGUARDING LIMITED



A QUALIFIED SOCIAL WORKER, WITH OVER 7 YEARS POST QUALIFYING EXPERIENCE WITHIN CHILDRENS SERVICES. HIGHLY EXPERIENCED AND DEDICATED - SPECIALISING IN COURT AND PROTECTION, AND SEN, COVERING HAMPSHIRE AND THE SOUTH OF ENGLAND.

I AM A MEMBER OF BASW (THE BRITISH ASSOCIATION OF SOCIAL WORKERS) SOCIAL WORK ENGLAND REGISTERED, FULLY INSURED, AND HOLD A FULL DBS.

I PROVIDE ROBUST, ANALYTICAL PRE - BIRTH, CAPACITY TO CARE, AND SIBLING TOGETHER OR APART ASSESSMENTS.

I PROVIDE SPECIALIST RISK ASSESSMENTS, INCLUDING DOMESTIC VIOLENCE, SUBSTANCE AND ALCOHOL USE, MENTAL HEALTH, ILLNESS AND DISABILITY.

I PROVIDE VIABILITY, KINSHIP CARE, CONNECTED PERSON ASSESSMENTS, AND SPECIAL GUARDIANSHIP ASSESSMENTS.

I PROVIDE FOSTERING (FORM F) AND ADOPTION ASSESSMENTS.

I CAN SUPERVISE CONTACT/FAMILY TIME, AND INCLUDE COMPREHENSIVE OBSERVATION NOTES.

COVERING ALL ASPECTS OF PRIVATE AND PUBLIC FAMILY LAW PROCEEDINGS.

I PROVIDE INDEPENDENT, EXPERT, CHILD CENTERED SEN ASSESSMENTS FOR EHCP, ANNUAL REVIEWS, EDUCATION AND WELLBEING.

I PROVIDE EHCP SUPPORT, AND REPRESENTATION AT SEN TRIBUNALS.

I PROVIDE THERAPEUTIC LIFE STORY WORK WITH CHILDREN. I ALSO OFFER TAILORED SUPPORT TO PARENTS, CARE GIVERS, FOSTER CARERS AND POTENTIAL ADOPTERS WHO LOOK AFTER CHILDREN THAT PRESENT WITH EMOTIONAL CHALLENGES, EXPERIENCED TRAUMA, OR ABUSE.

I CAN COMPLETE STATUTORY SOCIAL WORK VISITS, INCLUDING CHILD IN NEED (CIN) LOOKED AFTER CHILDREN (LAC) AND CHILD PROTECTION (CP) VISITS. I ALSO PROVIDE SUPERVISING SOCIAL WORKER VISITS FOR ADOPTION, FOSTERING KINSHIP, AND CONNECTED PERSONS PLACEMENTS.

FOR FURTHER INFORMATION, OR TO MAKE A REFERRAL, PLEASE USE MY SECURE EMAIL:

[southernsafeguarding@proton.me](mailto:southernsafeguarding@proton.me)

# Kids Corner



## Cheesecake Filled Easter Eggs

### What You'll Need:

- 1 Hollow Chocolate Easter Egg
- 75g Digestive Biscuits
- 25g Butter, melted
- 75g Mascarpone
- 100g Soft Cheese
- 2 tbsp Icing Sugar, sieved
- 2 tbsp Cocoa Powder, sieved
- 100g Double Cream

To Serve– Mini chocolate eggs, crumbled chocolates, caramel sauce or cooled chocolate

Carefully separate the Easter egg in half along the seam. (Use a knife dipped into a bowl of hot water to cut through the seam).

Tip the digestive biscuits into a bowl or food bag and bash to crumbs with the end of a rolling pin. Stir in the melted butter until the mixture resembles damp sand. Spoon this into the Easter egg halves and pack down gently using the back of the spoon. Chill until needed.

Mix the mascarpone, soft cheese, icing sugar and cocoa together in a medium bowl with a wooden spoon until smooth. In a separate bowl, beat the double cream to soft peaks using an electric whisk. Gently fold the whipped cream into the mascarpone mixture, then carefully spoon the cheesecake filling over the chilled biscuit bases in the Easter eggs. Gently level the surfaces with a palette knife or spatula, then chill for at least 2 hrs or overnight until firm and set.

Scatter the set cheesecake-filled eggs with mini chocolate eggs or other Easter treats, then drizzle with caramel or melted chocolate to serve.



### What You'll Need:

- 225g Dark Chocolate, broken into pieces
- 2tbsp Golden Syrup
- 50g Butter
- 75g Cornflakes

Line a 12-hole cake tin with paper cases.

Melt the chocolate, golden syrup, and butter in a bowl set over a saucepan of gently simmering water (do not let the base of the bowl touch the water). Stir the mixture until smooth.

Remove the bowl from the heat and gently stir in the cornflakes until all of the cereal is coated in the chocolate.

Divide the mixture between the paper cases and press 3 chocolate eggs into the centre of each nest. Chill in the fridge for 1 hour, or until completely set.

**WORLD BOOK DAY**

**Find your reading superpower**

**Listen to books being read aloud**

**Take books home to read**

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**Make time to read**

**Ask for ideas on what to read next**

**Have fun reading!**

by Allen Kattisabaran

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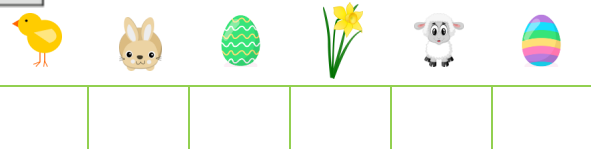


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- |           |         |          |         |
|-----------|---------|----------|---------|
| Bunny     | Puddles | April    | Bonnet  |
| Chocolate | Showers | Lamb     | Rainbow |
| Eggs      | Chick   | May      | March   |
|           | Flowers | Sunshine |         |

## Easter I Spy

How many of each of these pictures can you find in the scramble below?





DREAM EMPIRE EVENTS PRESENTS



# PAWTY IN THE PARK

DOG SHOW & FAMILY FUNDAY RAISING MONEY FOR GREYHOUND LIFELINE

DOG SHOW - FOOD & DRINKS- STALLS  
MUSIC - DOG BUSINESSES - INFLATABLES  
PRIZE EVERY TIME GAMES - MASCOTS  
MEET THE GREYHOUNDS AVAILABLE FOR ADOPTION

DOG SHOW ENTRIES  
£3.00 PER DOG PER  
CATEGORY, WITH  
PROFITS BEING  
DONATED TO  
GREYHOUND LIFELINE.  
PRIZES & ROSETTES TO  
BE WON



**11  
MAY**

**10AM - 2.30PM**  
CHAMBERLAYNE LEISURE CENTRE,  
150 WESTON LANE, SOUTHAMPTON, SO19 9SJ

WWW.DREAMEMPIREMARKETS.CO.UK  
SPONSORED BY BARNEY'S BITES-NATURAL DOG TREATS



## Hot meals delivered to your home 365 days a year



Health & Independent Living Support (HILS) is the UK's largest charitable meals on wheels provider

### More than just a meal...

- Meals are delivered by our friendly, DBS-checked Community Team Members
- Each visit includes a caring wellbeing check
- Meals can be ordered as a one-off, temporarily, or for as long as you like - you're in control

**Find out if you're eligible:**  
Tel: 0330 2000 103 Email: [hampshire@hils-uk.org](mailto:hampshire@hils-uk.org)  
Web: [www.hils-uk.org](http://www.hils-uk.org)

Health & Independent Living Support is an operating name of Hertfordshire Community Meals Limited, a registered society number IP30206R under the Co-operative and Community Benefit Societies Act 2014, registered with the Financial Conduct Authority and as a charity with HMRC registration number XT37228.

# HHHH HAMPSHIRE HOME HELP

A bespoke home help service for senior citizens, tailored to each client's individual needs

### SERVICES OFFERED:

- Light housework • Shopping
- Food preparation • Gardening
- Trips to local places of interest
- Companionship • Fully insured
- Enhanced DBS clearance

Please phone for further details:  
**07792 684184**

Dream Empire Events Presents

Our 3rd annual

# Spring Fair

**SATURDAY 9TH MARCH  
9.30AM- 2.30PM**

Hamble Sports Complex,  
Satchell Lane, Hamble, SO31 4NE

CRAFT STALLS | SPRING & EASTER ITEMS  
LOCAL BUSINESSES | CAKES & BAKES  
MOTHERS DAY SHOPPING | WAX MELTS  
BEAUTY PRODUCTS | FOOD & DRINKS  
FREE KIDS ARTS & CRAFTS

FREE GOODIE BAGS FOR THE FIRST 50 FAMILIES

**Free Entry & Free Parking**

[www.dreamempiremarkets.co.uk](http://www.dreamempiremarkets.co.uk)

# Reduce, Reuse, Recycle

Some really helpful information put together by Eastleigh Borough Council on how you can do your bit to help cut waste.

## Reduce

### Don't Waste Food

Food makes up a substantial amount of what we throw away, but it doesn't have to. Planning meals, sticking to a shopping list, freezing leftovers and going by use by dates (rather than best before) are all sensible ways to cut back on food waste. Love food, hate waste has some [tasty recipes](#) to make better use of leftovers, while apps like [TooGoodToGo](#) and [Olio](#) help stop food from retailers and neighbours from going to waste.

Remember you can compost and recycle your peelings and other unavoidable food waste.

### Avoid Single Use Plastics

There's been lots in the media recently about the damage single use plastics do to our environment, and rightfully so. There are lots of ways we can avoid them, such as:

- carry a 'bag for life'
- take a drink bottle or coffee cup out with you
- say no to plastic straws and coffee stirrers
- use compostable bamboo toothbrushes, instead of plastic ones
- use bars of soap, shampoo and conditioner, rather than bottles
- give children wooden colouring pencils instead of plastic felt-tip pens

## Recycle

### Use Our Collections

Through your green recycling bin collection, you can recycle paper, cardboard, food tins, drink cans, empty aerosol cans and plastic bottles fortnightly. On the same day, you can recycle glass and used batteries using your black box collection. Every week you can recycle food waste through your brown bin collection to turn it into clean energy. You can also subscribe to our fortnightly garden waste recycling collections.

### Use a Recycling Bank or Centre

There are a number recycling banks across the Borough where you can take textiles, books, electronics and other items to be recycled. You can find recycling banks in your area on the [Recycle Now](#) website. Hampshire County Council's [Smart Living](#) lists reuse and repair sites. Some supermarkets and local Co-op stores allow you to recycle 'soft plastics'. Finally, you can take waste and recycling to one of the four [Household waste and recycling centres](#).

## Reuse

### Simple Swaps

Many single use items have reusable alternatives. Using these simple swaps will save you a trip to the shop, and the waste bin! You could swap:

- cling film for reusable wax wraps
- plastic cutlery for steel cutlery
- single use batteries for rechargeable ones
- disposable nappies and wet wipes for reusable ones

### Buy Second-hand

Buying 'preloved' furniture, clothing and other items from charity shops, instead of new items, can reduce environmental costs that come from the manufacturing process and support a good cause at the same time. There are also plenty of apps and websites dedicated to the buying selling and giving away of second-hand goods.

### Make a Single Use, a Double Use

Before throwing something out, think about whether it could have a second use. Here are a practical ideas:

- jam jars to store screws and other small items
- bread bags as nappy bin liners
- toothbrushes for cleaning in between tiles
- junk mail as scrap paper
- using butter wrappers to grease a baking tray
- yoghurt pots as seedling pots

# 44 WAYS TO CUT YOUR WASTE

### Be food thrifty

**Food makes up a substantial amount of what we throw away, but it doesn't have to.**

1. Plan your meals for the week
2. Write your shopping list in the layout of the supermarket
3. Freeze leftovers
4. Swap fresh for frozen
5. Take a photo of what you have in the fridge before shopping
6. Keep your fridge below 5°C
7. Have an 'eat me first' shelf in the fridge
8. Freeze and toast your bread
9. Go by 'Use by' rather than 'Best before'
10. Check out food sharing apps like Olio and Toogoodtogo
11. Grow your own herbs, fruit and veg

Find out more at [lovefoodhatewaste.com](http://lovefoodhatewaste.com)

### Swap out single use

**Single use items are very wasteful as they are made to be used once, then thrown away. Luckily there are many reusable alternatives.**

12. Carry a 'bag for life'
13. Take a drink bottle or coffee cup out with you
14. Say no to plastic straws and stirrers
15. Use bars of soap, shampoo and conditioner, rather than bottles
16. Give children wooden colouring pencils instead of plastic felt-tip pens
17. Use wax wraps rather than cling film
18. Take your own containers along to a local refill station, like the Spinnery 53 or the Hampshire Refillery
19. Use reusable nappies and wet wipes instead of disposable ones
20. Dine in rather than take away
21. Use steel rather than disposable cutlery

### What can you make reusable?

**Before throwing something out, think about whether it could have a second use.**

22. Jam jars to store screws and other small items
23. Bread bags as nappy bin liners
24. Toothbrushes for cleaning in between tiles
25. Junk mail as scrap paper
26. Using a butter wrapper to grease a baking tray
27. Yoghurt pots as seedling pots
28. Egg cartons as paint palettes
29. Tissue boxes as draw dividers
30. Toilet rolls to organise cables
31. A rusty watering can or wheelbarrow as a planter
32. Fruit and veg peelings, paper, cardboard and compostable packaging can be turned into compost

### Less is more

**The best way to avoid throwing something away might be to think twice about buying it in the first place.**

33. Delay before making an impulse buy
34. Only shop when you need something
35. Gift experiences (like theatre tickets) rather than material objects
36. Make the most of what you have
37. Learn how to repair and upcycle
38. Borrow rather than buy – from a library or a friend
39. Avoid fast fashion – buy quality over quantity

### Finally...

40. Donate or sell an item if you think someone else might want it
41. Recycle empty aerosol cans, paper, cardboard, food tins, drink cans, and plastic bottles in your green bin
42. Recycle glass and batteries in your black box every fortnight
43. Recycle unavoidable food waste (e.g. peelings) in your brown bin
44. Find local recycling banks on the Recycle Now website

Find out more at [www.eastleigh.gov.uk/waste-bins-and-recycling](http://www.eastleigh.gov.uk/waste-bins-and-recycling)





# Reduce, Reuse, Recycle

## Paper

Most paper can be recycled, please remove plastic wrapping.

### The following won't be accepted:

Shredded paper, tissues and kitchen roll, metallic wrapping paper, wallpaper, paper towels, glittery greetings cards and if paper is stained/dirty with food, grease, paint etc.

## Cardboard

Cardboard can be placed in your bin. Tear and fold it down to fit more in. If on occasion you have more cardboard than you can fit in the bin, fold it up neatly and place next to your recycling bin. Large amounts of cardboard should be taken to the household waste recycling centre.

### The following won't be accepted:

Greasy card such as take away pizza boxes, fast food packaging.

## Food Tins and Drink Cans

Please empty and clean your food tins and cans before recycling. Sweet and biscuit selection tins are also accepted.

### The following won't be accepted:

Tin foil packaging - this can be recycled at your local Household Recycling Centre.

## Plastic Bottles

Any bottle shaped plastic can be recycled. Lids (but not pump or spray tops) and labels can be left on. Please empty any liquid content and squash the bottle before replacing the lid. Don't forget your cleaning, hair product and cosmetic bottles.

### The following won't be accepted:

Any non-bottle plastic, such as margarine tubs or plastic packaging trays e.g. fruit trays and meat trays.

## Empty Aerosol Cans

Please ensure your aerosol cans are empty before recycling.

### The following won't be accepted:

Full aerosols and tin foil packaging



Here is a list of some of the regular items placed in the green recycling bins that **CANNOT** be recycled

If these items appear in your green recycling bin, then the bin may not be collected.

- \* Tissue paper and kitchen roll
- \* Tin foil
- \* Plastic trays e.g. meat and fruit trays
- \* Greasy card e.g. fast food boxes, take away pizza boxes
- \* Yoghurt pots
- \* Takeaway coffee cups
- \* Plastic tubs e.g. margarine or ice cream tubs
- \* Sweets and crisp wrappers
- \* Tetra paks e.g. juice cartons
- \* Plastic bags - do not bag your recycling
- \* Christmas wrapping paper and paper with paint, glitter or glue on it



## Looking for childcare in West End?

Funded and regular spaces available for children from 0-5. Come for a visit or contact us now:

Paint Pots Nursery  
26 Quob Lane  
West End  
SO30 3HN

T: 02380 476942

E: [pp5@paintpotsnursery.co.uk](mailto:pp5@paintpotsnursery.co.uk)

# Parish Facilities for Hire

West End Parish Council have five community buildings which offer a variety of different sized spaces that are available to hire for one off events or regular groups, clubs or classes. Facilities do vary from hall to hall, but most halls will have kitchen facilities and there is parking at all of our sites (albeit, limited in some places)

## West End Parish Centre

Chapel Road, West End, SO30 3FE



## The Old Firestation

Orchards Way, West End, SO30 3FB



## The Youthouse

Moorgreen Road, West End, SO30 3EG



## Townhill Farm Community Centre

Wessex Road, West End, SO18 3RA



## Hilldene Community Centre

68 High Street, West End, SO30 3DU



## Regular Hirers

Do you run a class or group and are looking for a new venue to hold it in? We can help!

Below are the time slots we currently have available.

	Parish Centre Main Hall	Parish Centre Sports Hall	The Old Firestation	The Youthouse	Townhill Farm Community Centre
Monday		3.30pm onwards	8.30am - 12.30pm		8.30am - 5.00pm
Tuesday	11.00am - 12.45am 2.45pm - 7.15pm	8.30am - 3.00pm 6.15am - 8.30pm	All Day		1.00pm - 3.30pm
Wednesday	4.15pm - 6.00pm	8.30am - 10.15am 2.30pm - 8.30pm	All Day		2.30pm - 4.00pm
Thursday	4.30pm - 6.00pm	4.30pm - 6.30pm			3.00pm - 8.30pm
Friday	12.45pm - 3.45pm	6.00pm - 8.30pm		3.30pm - 8.30pm	All Day
Saturday/ Sunday	Sunday AM				

### Hire Prices Up to 31st March 2024

	Weekday Hire	Party & Event Hire
	Monday - Friday	Evenings & Weekends
	Cost Per Hour	Cost Per Hour
Parish Centre Main Hall	£19.00	£32.00
Parish Centre Sports Hall	£18.00	£30.00

Townhill Main Hall	£17.00	£32.00
Townhill Coffee Lounge	£14.00	£25.00
Hall + Coffee Lounge	£28.00	£45.00

Fire Station	£15.00	N/A
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Youthouse	N/A	£32.00
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Refundable Deposit	£25 Children's Parties
	£75 No Alcohol
	£100 with Alcohol

### Hire Prices From 1st April 2024

	Weekday Hire	Party & Event Hire
	Monday - Friday	Evenings & Weekends
	Cost Per Hour	Cost Per Hour
Parish Centre Main Hall	£20.00	£34.00
Parish Centre Sports Hall	£19.00	£32.00

Townhill Main Hall	£17.50	£33.00
Townhill Coffee Lounge	£14.50	£26.00
Hall + Coffee Lounge	£29.00	£47.00

Fire Station	£15.50	N/A
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Youthouse	N/A	£33.00
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Cancellation Charges	28 days or more prior to the event - Full Refund
	27-8 days prior to the event - 50% Refund
	7 days or less prior to the event - No Refund

# Activity Contacts



## Arts & Crafts

### Mencap Flagship Art Group

richard.peck@ebmencap.org.uk  
Hilldene Community Centre

### WI Craft Group

023 8047 0571  
Hilldene Community Centre



## Church Groups

### Cornerstone Global Ministries

cornerstonechurch.tcc@gmail.com  
Townhill Farm Community Centre

### Life Link Worship

Townhill Farm Community Centre



## Community Groups

### 5th West End Rainbows

www.girlguiding.org.uk  
Townhill Farm Community Centre

### Alice's Stay & Play

Townhill Farm Community Centre

### Brendoncare

07467 955 865  
Hilldene Community Centre

### Brownies

kewilliams@btinternet.com  
Hilldene Community Centre

### Hartbeeps

07789 882 005  
Hilldene Community Centre &  
Townhill Farm Community Centre

### Hatch Grange WI

023 8047 0571  
Hilldene Community Centre

### West End Tots Group

07725 724 619  
Townhill Farm Community Centre

### West End Youth Club

07725 724 619  
The Youthouse



## Sport & Exercise

### Coppini Martial Arts

023 8043 8256  
Townhill Farm Community Centre

### Diane Wren Zumba

07572 403 246  
West End Parish Centre

### Dynamo Gymnastics

023 8045 5007  
West End Parish Centre

### Gymtots

023 8045 5007  
West End Parish Centre

### Julie Cumner Fitness

07828 978 176  
West End Parish Centre

### Julie Cumner Zumba

07828 978 176  
West End Parish Centre

### Kate Wilkinson Aerobics

023 8039 8075  
Townhill Farm Community Centre

### Ladies Badminton

023 8047 7966  
West End Parish Centre

### Ladies Kickboxing

07877 647 415  
Townhill Farm Community Centre

### Matt Fiddes Martial Arts

07877 647 415  
West End Parish Centre &  
Townhill Farm Community Centre

### Over 50's Keep Fit

01489 781 076  
West End Parish Centre

### Sara's Body Tone

023 8047 7045  
Hilldene Community Centre

### Senior Citizen's Table Tennis

07801 717 880  
Hilldene Community Centre

### Short Mat Bowls

07821 633 954  
West End Parish Centre

### Table Tennis

07783 052 800  
Hilldene Community Centre

### Veterans Badminton

07901 758 413  
West End Parish Centre



## Dog Training

### Armchair Dogs

023 8046 5429  
Hilldene Community Centre

### Canine Partners Dog Training

Townhill Farm Community Centre

### West End Dogs

01489 328 413  
West End Parish Centre



## Wellbeing

### Brendoncare Tai Chi

01962 857 099  
West End Parish Centre

### Pilates

07772 641 842  
Hilldene Community Centre

### Sharon Newman Yoga

07901 927 892  
Townhill Farm Community Centre

### Slimming World

07833 746 532  
Hilldene Community Centre

### Weight Watchers

07809 646 008  
Hilldene Community Centre

### Yoga

07790 397 710  
Hilldene Community Centre



## Music & Dancing

### Adult Tap Dance

07790 397 710  
Hilldene Community Centre

### Baby Sensory

07791 614 533  
West End Parish Centre

### Dance Out Loud Ballet

07745 987 689  
Hilldene Community Centre

### Diddi Dance

07949 458 761  
West End Parish Centre

### Hedge End Glee Club Choir

07810 127 351  
The Youthouse

### Kalimba & Ukulele

07473 450 720  
The Old Firestation

### Line Dancing

01489 786 387  
West End Parish Centre

### Modern Jive

07788 525 182  
West End Parish Centre

### Moo Music

07956 460 760  
West End Parish Centre

### Music Bugs

0844 822 1157  
Hilldene Community Centre

### Propbox Youth Theatre

07789 882 005  
Hilldene Community Centre

### Sarah Wolfe Adult Ballet

07443 584 941  
West End Parish Centre

### Shine Performing Arts

07887 731 155  
Townhill Farm Community Centre

### Starz Ballet

0333 123 4140  
West End Parish Centre

# Local Businesses & Services

## diddi dance

Join Andrea for our preschool dance and movement classes.  
Monday 9.30am-10.15am and 10.30am-11.15am  
At West End Parish Centre

Email: andrea.mccrea@diddidance.com  
Facebook: @diddidancesouthampton  
Website: www.diddidance.com/diddi-dance-southampton/

## Julie Cumner Fitness Timetable

Join us for a fun and friendly workout.  
West End Parish Centre, Chapel Road, West End

Monday - 6.30pm - Mash Up  
Monday - 7.30pm - Fitness Pilates  
Tuesday - 10.00am - Zumba  
Thursday - 10.00am - Tone Up Thursday

Tel: 07828 978176  
Email: julie.zumbafit@gmail.com

## Over 50's Keep Fit Class

A low impact, part exercise, part dance, fun and friendly keep fit class. Thursday mornings

(please contact Tanya for current class times)

Tel: 07818 060639  
Email: tanya.dominey@btinternet.com

## Starz Ballet

Dance classes that are sociable, focused & fun!

Mondays	Saturdays
Dance 3.45pm, Acro 4.30pm, Ballet 5.15pm	Ballet 9am, 10am, 10.30am & 11.45am Tap & Dance Starrz 12.30pm

Tel: 0330 1234 140  
Email: www.starzballet.com

## West End Pre School

**Where every child matters**

West End pre-school offers a welcoming, safe and fun learning environment in which children are encouraged to be confident and independent learners.

Tel: 023 8046 6764  
Email: manager.westendpreschool@gmail.com

## Buses

Blue Star Bus	01202 388 421
Connect Transport	01962 846 785
Xelabus	023 8064 4715

## Churches

Anchor Community Church	07729 750 545
St Brigids' Church (RC)	023 8044 9088
St James' Church (C of E)	07762 673 350
West End Methodist Church	07762 673 350

## Community Groups

Friends of West End Copse	023 8047 7527
Hatch Grange WI	023 8047 0571
One Community	023 8090 2400
West End Garden & Allotment Association	01489 789 505
West End Local History Society	023 8047 1886
West End Seniors Table Tennis Club	023 8044 4251
West End Writers (Diane Sparkes)	023 8046 3334

## Doctors & Dentists & Hospitals

Chartwell Green Surgery	023 8047 2232
Dental Health, Private Dental Clinic	023 8047 3612
Inspired Dentistry	023 8032 8888
Moorgreen Hospital	023 8047 5200
Princess Anne & Southampton Hospital	023 8077 7222
Quality & Caring Dentistry	023 8046 5391
Royal South Hants Hospital	023 8063 4288
West End Surgery	023 8047 2126

## Pre Schools & Nurseries

Little Gems Pre School	023 8047 1070
Little Owls Woodland Pre School	07774 336 750
Paint Pots Pre School	023 8047 6942
Play Away Day Nursery	020 7622 0484
Seedlings Montessori Nursery	023 8046 2555
West End Pre School	023 8046 6764

## Schools

Deer Park Secondary School	01489 783 473
Harefield Primary School	023 8046 3240
Moorlands Primary School	023 8046 4404
St James C of E Primary School	023 8090 0995
The Gregg School	023 8047 2133
The Kings' School	023 8060 0986
Townhill Infant School	023 8047 4835
Townhill Junior School	023 8047 3611
Wildern School	01489 783 473
Woodlands Community School	023 8046 3303
Wyvern College	023 8069 2679

## Scouts, Brownies & Girlguiding

10th Itchen North Scouts	gsl@10thitchennorth.org
23rd Itchen North Scouts	dmunday82@gmail.com
28th Itchen North Scouts	cjcotm@hotmail.co.uk
Chimera Explorer Scouts	chimeraesu@gmail.com
2nd West End Brownies	judithbarton@btinternet.com